

## **What to feed your pet?**

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All dogs and cats are created equal, unfortunately the same cannot be said for the food they eat! There are many varieties of food available on the market these days and the price usually plays a roll in which brand is purchased. Who could blame you? The price of living seems to be growing every day so why should you consider a more expensive dog or cat food when you could easily save a few dollars? Now think about this, would you be satisfied eating a food made primarily from by-products, artificial flavor enhancers, ground bone, corn and maybe a very small amount of real meat (not meant for human consumption)?

I know there are times when junk food is all too easy, but after a week of candy and potato chips my energy level is low, and I know it's time to bite into an apple. The same goes for your pets. When your pet eats a good food with high quality ingredients it will show! You will notice a softer, glossy coat, healthy (smaller) stools, and increased vitality. When walking on the many trails and paths in Sonoma and Glen Ellen, my dogs always receive many complements on how soft and beautiful their coats are. I always credit their good diet, which is full of human-quality ingredients like deboned chicken, brown rice, fruits, vegetables and whole grains. I also supplement their diet with Omega Fatty Acids which are essential for healthy skin and coat as well as an overall healthy immune system.

The next time you are in the grocery store looking for the best buy on pet food, take a moment to inspect the ingredients. Look for ingredients that you think you would want to eat. If you wouldn't eat it, why feed it to your pets? If you aren't satisfied with your supermarket findings try a local feed store or your veterinarian, who can help you make a choice that suits your pet's health and nutritional needs.

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